



# DISC TEAM COMMUNICATIONS WORKSHOP

## OBJECTIVE

Help participants assess and understand their DiSC communication style and then learn to adapt to other styles for improved communication, increased productivity, and enhanced teamwork.

## STRATEGY

The workshop incorporates an online DiSC assessment taken prior to the workshop that identifies each person's behavioral style. Then through a series of exercises, role-plays, and case studies participants learn the impact of the styles in the workplace and how to adapt as needed. This workshop is interactive and fun.

Specifically, this program will address how to best use the application of DiSC in collaborating with others by quickly recognizing and adapting styles that reflect a person's behavioral preference. DiSC provides a common language that will gain insight on how to minimize conflict and build stronger rapport and trust.

Specifically, this program provides the opportunity for self-improvement through better learning and understanding one's strengths, perceptions, and opportunities for improvement.

### PARTICIPANTS WILL:

- Learn the characteristics of the four behavior styles – Dominance, Influence, Steadiness, and Conscientiousness
- Assess their style and the style of others
- Understand that there is no bad style or good style
- Comprehend the importance of having all styles to make an effective team
- Develop communication techniques that are effective with each style
- Understand the importance of recognizing and adapting to other styles inside and outside the team
- Learn to avoid judgments and criticism with styles that are different
- Learn to understand and appreciate each other
- Apply these skills to life

Each participant will have hands-on opportunities to practice all skills and techniques.



# DISC TEAM COMMUNICATIONS WORKSHOP

## PARTICIPANTS RECEIVE:

- A DiSC profile
- Coaching throughout the session
- Evaluation of strengths/areas for improvement
- A workbook / reference manual

## LENGTH

Half-day workshop.

## CLASS SIZE

Maximum class size is 16 participants.

## EXPENSES

The Training Edge, LLC will be reimbursed for all reasonable travel expenses for airline and ground transportation, hotel accommodations, meals, parking, tips and shipping of materials.