



# DISC TEAM BUILDING WORKSHOP

## OBJECTIVE

Help participants assess and understand their DiSC communication style and then learn to adapt to other styles for improved communication, increased productivity, and enhanced teamwork.

## STRATEGY

The workshop incorporates an online DiSC assessment taken prior to the workshop that identifies each person's style. Then through a series of exercises, role-plays, and case studies participants learn the impact of the styles in the workplace and how to adapt as needed. This workshop is interactive and fun.

### PARTICIPANTS WILL:

- Learn the characteristics of the four behavior styles – Dominance, Influence, Steadiness, and Conscientiousness
- Assess their style and the style of others
- Understand that there is no bad style or good style
- Comprehend the importance of having all styles to make an effective team
- Utilize flexibility as the key to success
- Learn to adapt styles for improved interactions
- Develop communication techniques that are effective with each style
- Learn to understand each other
- Apply these skills to life

Each participant will have hands-on opportunities to practice all skills and techniques.

### PARTICIPANTS RECEIVE:

- A DiSC profile
- Coaching throughout the session
- Evaluation of strengths/areas for improvement
- A workbook / reference manual

## LENGTH

Half-day workshop.



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### CLASS SIZE

Maximum class size is 16 participants.

### EXPENSES

The Training Edge, LLC will be reimbursed for all reasonable travel expenses for airline and ground transportation, hotel accommodations, meals, parking, tips and shipping of materials.

### FEE SCHEDULE

Workshop Delivery (Half-day workshop)	\$3,500.00 total
DiSC Assessments	\$ 77.50 per person
Customization fees	as needed

This workshop can be adapted to accommodate larger groups. This will impact the fee schedule.